

Department of State Health Services/South Texas Laboratory
LABORATORY TEST/HEMATOLOGY

Test Name:	Complete Blood Count (CBC)
Patient Preparation:	Avoid severe physical exercise.
Specimen Requirement:	3 ml Whole Blood
Special Timing for Collection:	None required
Preservative or Anticoagulant:	EDTA (Lavender Top)
Transportation Requirements/Storage:	Refrigerated if not tested within 4 hours CBC with differential stable up to 48 hours;
Required Requisition:	F40-A Specimen Submission Form

SPECIMEN STORAGE AND STABILITY INSTRUCTIONS

IMPORTANT NOTE: MUST BE REFRIGERATED

The samples for CBC's must remain refrigerated until shipped. They must be shipped with paper towels or absorbent paper to protect from direct contact with ice packs. **These will be kept cool but not frozen. Direct contact with ice packs will cause hemolysis and sample rejection.**

- a. CBC with differential is good for 48 hours

DO NOT SHIP THE WHOLE BLOODS FOR CBC'S WITH DRY ICE – THEY WILL HEMOLYZE AND BE UNACCEPTABLE FOR ANALYSIS

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LABORATORY TEST/HEMATOLOGY

Test Name:	Peripheral Smear Review
Patient Preparation:	None required
Specimen Requirement:	3 ml Fresh Whole Blood
Special Timing for Collection:	None required
Preservative or Anticoagulant:	EDTA (Lavender Top)
Transportation Requirements/Storage:	Room temperature. Stable for 3 hours.
Required Requisition:	F40-A Specimen Submission Form

SPECIMEN STORAGE AND STABILITY INSTRUCTIONS

IMPORTANT NOTE: DO NOT FREEZE

The samples for Peripheral Smear Review can remain refrigerated until shipped. They must be shipped with paper towels or absorbent paper to protect from direct contact with ice packs. **These will be kept cool but not frozen.**

- a. Peripheral Smear Review with differential is good for 24 hours

DO NOT SHIP THE WHOLE BLOODS FOR PERIPHERAL SMEAR REVIEW WITH DRY ICE – THEY WILL HEMOLYZE AND BE UNACCEPTABLE FOR ANALYSIS